

From Awareness to Action

Ready to Soar!

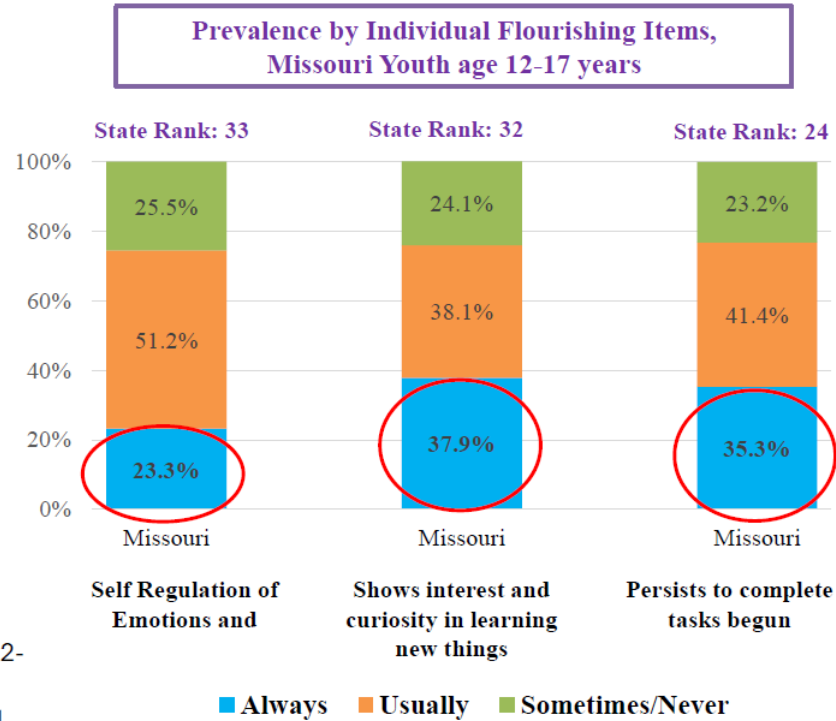
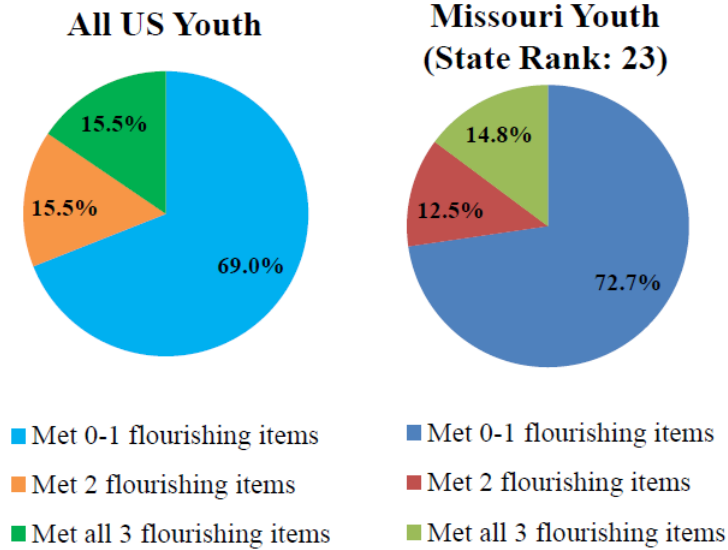
Building the ecosystem to take positive childhood experiences and flourishing to scale, even amid adversity

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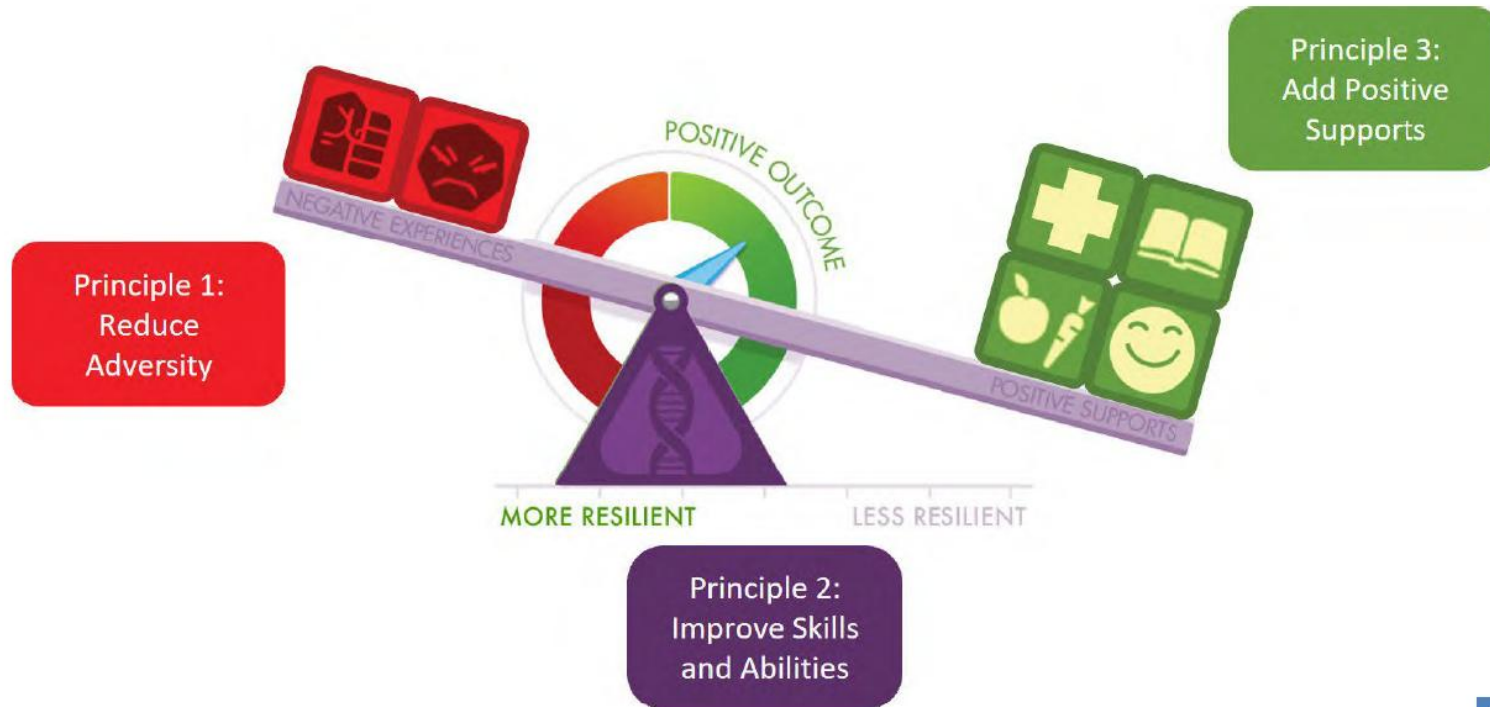
**Prevalence of Youth Ages 12-17 in the United States and in Missouri
By Youth Flourishing Criteria Met (Always/Consistently)
Data: 2023-2024 National Survey of Children's Health**



Related "Negative Health" Statistics 56.1% of US youth ages 12-17 have 1+ chronic condition or mental health condition and/or are overweight or obese; Only 42.5% "Always" engaged in school.

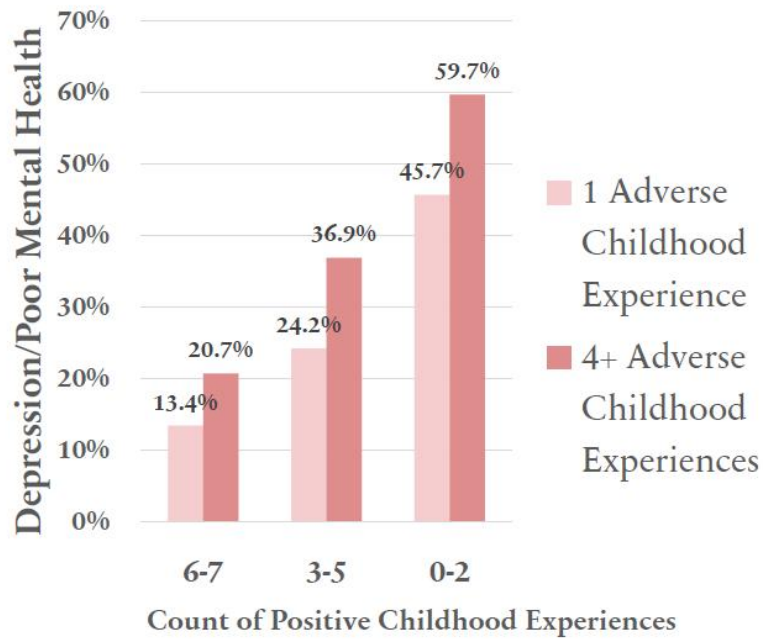
Not all Red and Green Boxes Are Created Equal

The Essential Need to Go from “Fixing to Connecting” to Turn On the Resilience Switch



The Absence of the Positive Is the Negative

Adults with 4+ ACEs had 72% lower odds of depression or poor mental health with more PCEs.



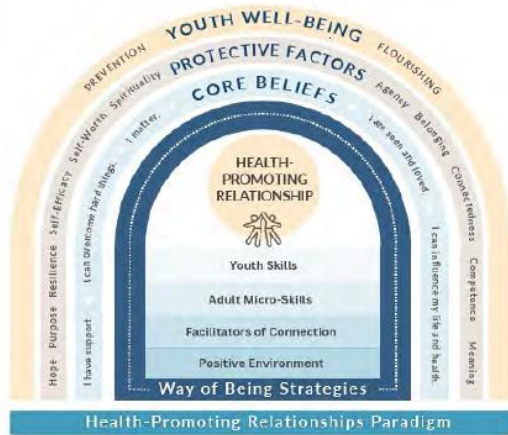
Adults with 6-7 PCEs had 353% greater odds of having social and emotional needs met as an adult compared to 0-2 PCEs



HEALTH-PROMOTING RELATIONSHIPS PARADIGM

TOOLKIT

Cultivating Protective Beliefs in Youth Ages 11-18 through a "Way of Being"



Our recent resource

