



SEEN • VALUED • RESPECTED

Helping
Franklin
County
youth
thrive
and
flourish.

Now more than ever, young people need a strong connection with adults in their community. Youth who are seen, valued, and respected are more likely to feel empowered to make positive choices about their mental and physical health. HOPE for Franklin County is working to ensure that all youth feel a part of their community, not apart from it.

You can help show all youth they are seen, valued, and respected.

- 1) **Learn** more about the challenges youth are facing.
- 2) **Contact** our coalition to get your FREE “YOUth Belong” items. We provide stickers, window clings, buttons, bookmarks, and keychains for everyone!
- 3) **Display** your “YOUth Belong” items proudly, so young people know you took time to better understand them.
- 4) **Share** the program information with others who want to tell youth they matter.

“YOUth Belong” Free Learning Opportunities Include:



Youth Mental Health First Aid (The National Council for Mental Wellness)

Recognize the signs and symptoms of mental health challenges that impact youth.



Developmental Assets (The Search Institute)

Learn the 40 most important internal and external supports to help young people make good choices, be independent and fulfilled.



Cultural Competence (Missouri Institute of Mental Health)

Helping caring adults better understand messages about racial and cultural equity, and how they impact youth.



ACES – Adverse Childhood Experiences (CDC)

ACES can have long term effects. Learn more about how to understand, recognize and prevent them in your community.



Safe Zone (Safe Connections)

Learn more about the challenges faced by LGBTQ+ youth, and the prejudices they often experience.

There are many other online learning opportunities that support our program as well.

To learn more or to sign up, contact:

Julie Hook, Program Director, HOPE for Franklin County

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“True belonging doesn’t require that we CHANGE who we are; it requires that we BE who we are.”

--Brené Brown